



Canadian Mental
Health Association
Manitoba and Winnipeg
Mental health for all

CARE FOR ALL IN EDUCATION



SUPPORTING THE MENTAL HEALTH OF MANITOBA'S EDUCATION SECTOR.

Care For All In Education teaches new ways to cope and accomplish your goals while keeping yourself physically and emotionally well. This free and confidential service has already connected hundreds of education professionals and schools who have sought support for either themselves, family, or colleagues. Visit our website and let us support you in finding the care you need.



1-877-602-1660



Info@careforallineducation.com



www.careforallineducation.com

HAZARD IS A HAZARD

This full-day course will teach participants about workplace psychological health and safety, raise awareness of workplace mental health, identify common psychological hazards and outline psychological considerations into health and safety programming.



MENTAL HEALTH AWARENESS TRAINING FOR ADMINISTATORS

This 2-hour course, designed specifically for administrators, outlines how to look for signs of deteriorating mental health in staff and how to respond appropriately and sensitively. Resources to support mental health and well-being in the workplace will also be included.



CERTIFIED PSYCHOLOGICAL HEALTH AND SAFETY TRAINING

This two-day course will assist those working to improve psychological health and safety in their workplace by implementing the National Standard for Psychological Health and Safety. This course will build skills for assessing organizational readiness for change.

